

St. Helena's Weekly Newsletter



The Acting Bishop of Lincoln

July 2022

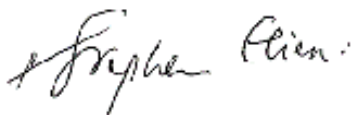
Dear Friends,

In the summer holidays, I love walks and board games and extra time to spend with my family. I like watching movies and being allowed to stay up a bit later because I am not getting up early for work or school. I like exploring with my friends close to home to notice things and places I had not noticed before. I like the seaside and climbing hills. What do you like to do in your summer holidays?

I still like to learn things outside school, but in a different way. One of the things I like to do is to read stories and books about computers and machines, or books that help me make or build things. I get to choose but I keep my brain active. I don't like getting bored so I like my own projects to share with friends that I can talk about back at school in the autumn. Whatever you do, as you look at the world around you, please remember to say thank you to God for all the world around us. Particularly pray for children in Ukraine and other places where it is not safe and where it is hard to play.

Dear God, please help me to be grateful for the people who love me and the world you have made for all of us. Thank you for my home and good places to play and good friends to play with. Hear my prayer for children who are sad and hungry this summer. Give me times when I can make other people smile because I am kind and helpful. Amen.

Yours ever in Christ,



The Rt Revd Stephen Conway
Bishop of Ely
Acting Bishop of Lincoln

**Please come and join us for the Year 6
Leavers' Assembly on Friday 22nd July
at 2:15pm.**

Diary Dates 2022/2023

JULY

11th Y6 Induction Day at Banovallum,
Horncastle
11th Y6 Induction Day at Skegness Grammar
School
12th Y3/4 River Field Study
14th Y6 JSTC Induction Day
14th YR & Y1 Curriculum Meeting.
15th Y6 JSTC Induction Day
19th 3:30-5:30pm Reports to Parents/Open
Evening
20th 6pm Y6 Leavers' Presentation night
21st Y1/2 visit Rand Farm Park
22nd Y6 Leavers' Celebration and Film
End of Term 6

SEPTEMBER

1st Staff Training Day
2nd Staff Training Day
5th Staff Training Day
6th School Opens - Term 1
12th Individual Photographs
18th Forest Church
21st School Association AGM

OCTOBER

17-19th Caythorpe Residential
21st End of Term 1
31st School Open—Term 2

NOVEMBER

3rd Open Day at St Helena's
20th Forest Church

DECEMBER

8th 9:30am KS1 Christmas Performance
Rehearsal
16th 5pm KS1 Christmas Performance
End of Term 2

JANUARY 2023

3rd Staff Training Day
4th School Open—Term 3

FEBRUARY

10th End of Term 3
20th School Open—Term 4

MARCH

31st End of Term 4

APRIL

17th Staff Training Day
18th School Open—Term 5

MAY

26th End of Term 5

JUNE

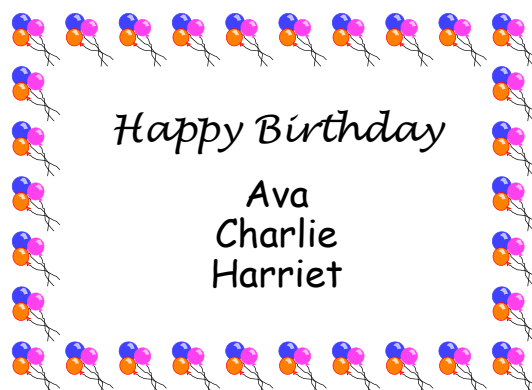
5th School Open—Term 6

JULY

21st End of Term 6

Willoughby Village Fair
Saturday 16th July
11am—4pm

**School Association BBQ
has been postponed,
look out for the new date
in September.**



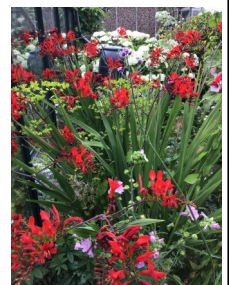
Sunnyside Garden

This is my favourite time of the year when I can look round the garden and find some lovely vegetables and fruits for tea every day. Today I picked the first two courgettes, dug up a root of potatoes and picked lots of fresh peas.

I have found several cucumbers this week. They hide under the large leaves on the plants. A fresh cucumber tastes so different to a bought one. Home grown cucumber slices in a lunchtime sandwich are really tasty.

The flowering plants between the two greenhouses have really grown tall this week with lots of lovely flowers. The bright red crocosmia flowers really stand out in the border as do the lovely tall pink hollyhock flowers.

I am being very careful watering plants during this hot weather. I use water from the water butts in the garden and only water plants in the greenhouse and tubs. We always leave a bowl of water near the birdseed containers as this is enjoyed by the numerous small birds that visit the garden. Our cat Scampi also likes a drink of water on a summer day.



Year 1 and Year 2 visit Rand Farm Park.

Year 1 and 2 will be visiting Rand Farm Park on Thursday 21st July, 2022. They will be leaving school at 9:30am and will be back for the usual end of day. The children will need to wear school uniform, a showerproof coat and sensible shoes. They will also need a packed lunch and plenty to drink.

We kindly ask for a contribution of £12.50 towards the cost of this visit. Payments can be made via Parentmail or at the school office. Unfortunately, if we do not receive sufficient contributions for this visit it may not be able to go ahead.

Year 1 and 2 visit Rand Farm Park.

I enclose a contribution of £12.50 towards the cost of visiting Rand Farm Park on Thursday 21st July 2022.

Signed

Date

Summer Multi-Sports Camp

Summer multi-sports camp running at Skegness Grammar School by the wider David Ross Education Trust Sports Team. This camp was a great success at the May half-term and it is hoped for much of the same for the summer camp. Great to keep the students engaged over the long summer break! Please use the link below to book tickets

<https://www.eventbrite.co.uk/e/summer-holiday-sports-camp-at-skegness-grammar-school-2022-tickets-374298666387>



DOES YOUR CHILD PLAY FOR, OR DO YOU RUN, A GRASSROOTS JUNIOR SPORTS CLUB IN NEED OF FUNDING?!

Cash for Kids' Sports Challenge returns this summer - our fundraising competition giving YOUR CLUB the chance to win a share of a £10,000 fundraising pot.

After the last two years many clubs are struggling to stay open because of lack of funds and many kids are unable to attend because they are unable to afford to go. This challenge helps you to raise the vital funding you need to be able to buy kit or equipment, or to subsidise fees to keep kids in sports.

Cash for Kids team will arm you with the fundraising tools you need before you start and will help you along the way.

There are three PRIZES up for grabs of £5000, £2,500 and £1,500 and every club will get every penny they raise back!

For more information and to register your interest visit <https://planetradio.co.uk/lincs-fm/charity/events/cash-for-kids-sports-challenge-2022/>

School Uniform

New School Uniform is available from Nationwide Uniform at Spilsby and second-hand uniform is available from Alford Hub, which is opposite the butchers in Alford.

Alford Hub are always grateful for any good second-hand uniform your children may have outgrown.



FUN, FOOD & FITNESS

Rainbow Rice

This is my favourite way to cook rice. Once you get the hang of it you can experiment with flavours and make many different meals to suit all tastes. This dish is great on its own or together with other ingredients such as fish, prawns or chicken. Rainbow rice is colourful and appealing and a great opportunity to get lots of veggies into your diet.

Ingredients:

- 1 clove of garlic (crushed or finely chopped)
- 1 red onion (diced small)
- 2 peppers, ideally 2 different colours (diced small)
- 1 courgette (diced small)
- 1 small aubergine (diced small)
- 1 cup of uncooked rice
- 2 tablespoons of sweet chilli sauce
- 2 cups of boiling water

If you like a bit of extra heat, sprinkle a few chilli flakes in your portion.

Tip: prepare and chop everything before you start cooking.



How to do it:

- Fry the onion and garlic in a little oil for about 2 minutes.
- Add one vegetable at a time and fry for about 2 minutes after each addition. (Don't add them all at once as the pan will go cold).
- Add the sweet chilli sauce and mix it all together.
- Add the uncooked rice and mix it all together.
- Add the boiling water and stir.
- Turn the heat down to your lowest setting and put the lid on.
- Check and stir after 10 minutes then every 5 minutes until all the liquid has been absorbed and the rice is cooked and soft. Enjoy!

Keep stirring while frying so that it doesn't